

## PATIENT HISTORY

Name: \_\_\_\_\_ Today's date: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ ft \_\_\_\_\_ in Weight: \_\_\_\_\_ lbs BP: \_\_\_\_\_ Pulse: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Preferred primary language: \_\_\_\_\_

Preferred Pharmacy: \_\_\_\_\_  English  Other \_\_\_\_\_

### How did you hear about us?

Physician ( \_\_\_\_\_ )  Family/Friend  Online  TV  Other: \_\_\_\_\_

### Symptoms *(Please check if yes)*

	L	R	How long?
Aching/pain in legs	<input type="checkbox"/>	<input type="checkbox"/>	_____
Heaviness	<input type="checkbox"/>	<input type="checkbox"/>	_____
Tiredness/fatigue	<input type="checkbox"/>	<input type="checkbox"/>	_____
Itching/burning/warmth	<input type="checkbox"/>	<input type="checkbox"/>	_____
Leg cramping	<input type="checkbox"/>	<input type="checkbox"/>	_____
Leg restlessness	<input type="checkbox"/>	<input type="checkbox"/>	_____
Throbbing	<input type="checkbox"/>	<input type="checkbox"/>	_____
Swelling	<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/> Do your symptoms interfere with your sleep?			
<input type="checkbox"/> Are your symptoms worse later in the day?			
<input type="checkbox"/> Are your symptoms worse with or after activity?			
<input type="checkbox"/> Do your symptoms keep you from doing anything?			

### Check if you've had any of the following:

<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Peripheral arterial disease
<input type="checkbox"/> HIV	<input type="checkbox"/> Hepatitis
<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Diabetes
<input type="checkbox"/> Cancer	<input type="checkbox"/> Leg trauma/surgery
<input type="checkbox"/> Asthma/COPD	
<input type="checkbox"/> Major surgery/hospitalizations	

Briefly describe: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Do you have an Advanced Directive?

### Tobacco use history

Never smoked or used tobacco

Quit on: \_\_\_\_\_ (approximate date)

Current tobacco user

Amount: \_\_\_\_\_ cigarettes per day or \_\_\_\_\_ cigarettes per week  
 or (other) \_\_\_\_\_ per day or (other) \_\_\_\_\_ per week

### Conservative measures used currently

or previously: *(Check all that you have tried)*

<input type="checkbox"/> Pain medications	<input type="checkbox"/> Weight Loss
<input type="checkbox"/> Exercise	<input type="checkbox"/> Job Change
<input type="checkbox"/> Leg elevation	
<input type="checkbox"/> Medical Grade Compression stockings or leg wraps?	

Strength of stockings: \_\_\_\_\_ mmHg

### Women only: *(Check all that apply)*

<input type="checkbox"/> Are you pregnant or considering a pregnancy sometime in the future?	Number of pregnancies _____
<input type="checkbox"/> Are you breast feeding?	Number of deliveries _____
<input type="checkbox"/> Are your legs more painful associated with menstruation?	Number of miscarriages _____
<input type="checkbox"/> Have you been diagnosed with Pelvic Congestion Syndrome and/or had bulging veins during pregnancy?	Children's ages _____

### Please check below if you have, or have had, any of the following:

<input type="checkbox"/> A prior evaluation of your veins _____ yr	<input type="checkbox"/> Any type of blood clot _____ location
<input type="checkbox"/> Previous vein surgery or laser treatments _____ yr R L	<input type="checkbox"/> Any type of clotting disorder _____ diagnosis
<input type="checkbox"/> Previous vein injections _____ yr R L	<input type="checkbox"/> Diagnosed with a PFO (patent foramen ovale)
<input type="checkbox"/> A leg ulceration _____ yr R L	<input type="checkbox"/> A family history of vein disease
<input type="checkbox"/> Bleeding from a vein _____ yr R L	<input type="checkbox"/> A family history of blood clots
<input type="checkbox"/> Superficial thrombophlebitis or an inflammation of a vein _____ location	<input type="checkbox"/> A family history of a clotting disorder

Provider reviewed with patient: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

**Please circle the conditions below that apply to you:**

**Aneurysm:** abdominal, thoracic (chest), cerebral (brain), peripheral (legs)

**Autoimmune Disorder:** lupus, MS, rheumatic fever, Sjogren's syndrome

**Blood Thinners:** Coumadin, Plavix, Aspirin, Xarelto, Pradaxa, Fish Oil

**Cancer:** what type? \_\_\_\_\_

**Cardiac Arrhythmias:** A-fib, PVC

**Carotid Stenosis**

**Congenital Heart Disease:** ASD, VSD, AVSD, Marfan's, bicuspid valve

**Coronary Artery Disease:** heart attack (MI), chest pain

**Dermatology:** shingles, psoriasis

**Diabetes:** Type 1 Insulin-Dependent, Type 2 Non-Insulin Dependent

**ENT:** Ears, Nose, Throat problems

**End Stage Renal Disease** (kidney failure)

**Endocrine problems:** thyroid- high / low, parathyroid- high / low, adrenal gland, pituitary

**Eye Problems:** glasses, cataracts, glaucoma, etc

**Gastrointestinal Disease:** ulcers, Crohn's, diverticulitis, gallstones, IBS, reflux/heartburn

**Genitourinary Disease:** urinary frequency, incontinence, prostate problems

**Heart Valve Disease:** aortic, mitral, tricuspid

**Hematologic Disease:** anemia, clotting disorder, bleeding disorder

**Hyperlipidemia** (high cholesterol)

**Hypertension** (high blood pressure)

**Kidney Disease:** renal cysts, renal transplant

**Liver Disease:** jaundice, hepatitis, cirrhosis

**Musculoskeletal:** arthritis, osteoporosis, back pain

**Neurologic Disorder:** schizophrenia, bipolar disorder, epilepsy

**Pacemaker**

**Peripheral Vascular Disease:** DVT, claudication

**Pulmonary/Respiratory Disease:** asthma, COPD, TB

**Sleep Disorder:** insomnia, sleep apnea, narcoleps

**Other #1:** \_\_\_\_\_

**Other #2:** \_\_\_\_\_

**Do you have any Peripheral Arterial Disease (PAD) symptoms?**

(Check all that apply)

- Was diagnosed with PAD in the past
- Have/had cramping leg pain that worsens with walking, forcing me to stop walking
- Have/had ulcers on feet or toes

**Allergies**

- No known allergies

Allergy	Your Allergic Response					
_____	<input type="checkbox"/> Rash	<input type="checkbox"/> Nausea/Vomiting	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Shortness of breath	<input type="checkbox"/> Anaphylaxis	<input type="checkbox"/> Other _____
_____	<input type="checkbox"/> Rash	<input type="checkbox"/> Nausea/Vomiting	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Shortness of breath	<input type="checkbox"/> Anaphylaxis	<input type="checkbox"/> Other _____
_____	<input type="checkbox"/> Rash	<input type="checkbox"/> Nausea/Vomiting	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Shortness of breath	<input type="checkbox"/> Anaphylaxis	<input type="checkbox"/> Other _____
_____	<input type="checkbox"/> Rash	<input type="checkbox"/> Nausea/Vomiting	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Shortness of breath	<input type="checkbox"/> Anaphylaxis	<input type="checkbox"/> Other _____

**Current medications** Include prescription drugs, over-the-counter drugs, vitamins, minerals, herbals, and dietary (nutritional) supplements  None

Medication Name	Dose	Frequency	Route (oral or other)